

FAMOUS CANADIAN WOMEN CHALLENGE KIT



This kit was created to assist you in completing the *Famous Canadian Women* program. Included are facts, stories, crafts, games, recipes and information.



E-Patches & Crests

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FAMOUS CANADIAN WOMEN

CHALLENGE KIT

This kit was created to assist you or your group in completing the *Famous Canadian Women* patch program. Kits are written specifically to meet the requirements for the program and help individuals earn the associated patch. All of the information has been researched for you and compiled into one place. Included are facts, crafts, games, recipes and other educational information. These materials can be reproduced and distributed to the individuals completing the program. Any other use of this program and materials contained in them is in direct violation of copyright laws.

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FAMOUS CANADIAN WOMEN

CHALLENGE KIT

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Detailed Outline

5: PATCH REQUIREMENTS is the section of the booklet that details what needs to be accomplished in order to earn each patch.

6–20: TEACHING PAGES contain information that can be used to teach the subject being discussed. In this case the topics are:

- Sports Warriors
- Artists With Vision
- Women of Science
- Politically Leading Ladies
- Taking On a Man's World

21–31: CRAFTS detail ideas for crafts that pertain to the subject matter.

Includes:

- Cornstarch Eye Balls
- Made for Me Picture Frames and Door Hangers
- Stamps for the World
- Mountain Climber Shrinky-Dinks
- Mountain Climber Snow Globe
- My Own Planet

32–36: RECIPES give suggestions about what kind of food would go well with the theme.

The recipes included are:

- Lady Wafers
- Beef Jerky
- Blueberry Maple scones

37–71: GAMES AND ACTIVITIES are pages filled with fun events for any group to do.

The games are:

- Aliens In Space
- Bike Race
- Careful Packaging
- Conducting the Band
- Cops and Mayors
- Dancing To the Beat
- Fighter Jet Relay Race
- Her Words, My Story
- Make Your Own Space Adventure
- Popping Into Senate
- Pieces of Herstory
- Planet Puzzle
- Running For Office
- Soaring Paper Planes
- We Are Iconic

72–83: PUZZLES test your mind's skill and endurance with:

- Deanna Brasseur Word Search
- Famous Five Jumble
- Help Helen Find her Planet!
- Match-Up
- Olympic Ice and Pavement
- Trivia Page
- Puzzles Answer Keys

84: CREDITS

85–86: BIBLIOGRAPHY

87: FEEDBACK FORM

88–89: PATCH ORDER FORM and Company Shipping Information

Patch Requirements

TO EARN THE PATCH:

- Sparks (5-6 years) need to complete 2 requirements from the list.
- Brownies (7-8 years) need to complete 3 requirements from the list
- Guides (9-11 years) need to complete 4 requirements from the list
- Pathfinder (12-14 years) need to complete 6 requirements from the list.
- Rangers (14-17 years) need to complete 6 requirements from the list.

FAMOUS CANADIAN WOMEN PATCH

1. Discover three Canadian women throughout history who have impacted our country.
2. Think, do you look up to one of the famous Canadian woman the most? Who and why?
3. Take a group bike ride.
4. Go to a rock climbing wall.
5. Write a Fill-a-Blank act it out as a group.
6. Discover the history of women in Canadian politics, by learning about all of the women in the politically leading ladies category. Complete all the activities about these women.
7. Make one of the recipes, other than Beef Jerky, from the Recipe section.
8. Play a game from the activities section.
9. Complete the Jets Relay Race.
10. Solve one puzzle from the Puzzle Section.
11. Test your knowledge of famous Canadian women by completing the Pieces Of Herstory activity.
12. Test your knowledge of famous Canadian women by playing the We Are Iconic game.
13. In groups of 5, pretend that each member is one of the Famous Five and share one interesting fact about each woman.
14. Complete a craft from the craft section.
15. Make a Mountain Climber Snow Globe.
16. Choose two games from the Activity list and play them as a group.
17. Make Beef Jerky.
18. Choose a famous Canadian woman to dress up as and have a Famous Canadian Women Picnic.
19. Are there any other famous Canadian women that you look up to who are not mentioned in this Challenge Kit? Tell the group about them.
20. Think, what are your own interests and talents? What do you hope to one day be a famous Canadian woman for? Draw a picture of your future self and explain it to the group.

Teaching Overview

SPORTS WARRIORS

- *Celia Franca*
Ballet dancer, founded the National Ballet of Canada.
- *Clara Hughes*
First Canadian Olympic athlete to win medals in the Summer and Winter Games, the first Olympian in history to accomplish the feat more than once.
- *Urszula Tokarska*
First Canadian woman to scale the highest mountain on each of the seven continents.

ARTISTS WITH VISION

- *Ethel Stark*
First female Canadian soloist that was broadcast across Canada and the U.S. in a radio program, pianist.
- *Joyce Wieland*
Multimedia artist, designed a postage stamp for World Health.

WOMEN OF SCIENCE

- *Roberta Bondar*
First Canadian woman in space, scholar.
- *Helen Sawyer Hogg*
Astronomer, planet named after her.
- *Jennie Smillie*
Canada's first female surgeon.

Teaching Overview, Continued

POLITICALLY LEADING LADIES

- ***The Famous Five***
Launched the Person's Case which declared women persons under law.
- ***Henrietta Muir Edwards***
Founded the National Council of Women of Canada, part of the Famous Five.
- ***Nellie McClung***
Member of Legislative Assembly for Edmonton, delegate for the United Nations, part of the Famous Five.
- ***Louise McKinney***
First woman voted into legislature in Canada, member of the Famous Five.
- ***Emily Murphy***
British Empire's first female magistrate, driving force behind the Famous Five.
- ***Irene Parlby***
Alberta's first female cabinet minister, part of the Famous Five.
- ***Cairine Wilson***
Canada's first female Senator.

TAKING ON A MAN'S WORLD

- ***Doris Anderson***
Changed women's magazine as editor of Chatelaine.
- ***Rose Fortune***
Canada's first female police officer.
- ***Daurene E. Lewis***
Canada's first black mayor.
- ***Deanna Brasseur***
First woman in the world to earn her license for CF-18 fighter jets.

Teachings: Sports Warriors

CELIA FRANCA

Celia Franca always wanted to be a dancer. Her father was a Jewish tailor who discouraged her passion, claiming there was no money in dancing. At the young age of fourteen years old, Celia Franca took a job dancing in a chorus line. What she did not know is that this humble beginning would lead her to become a cultural icon.

In 1950, a group of ballet enthusiasts wanted to establish a professional company in Toronto. They offered 29 year old Celia the position based on her talent, vision, and reputation for being a tough leader. With her talent and the enthusiasts' vision, they created the National Ballet of Canada.

The first year was one of struggles. She found financial support for the company through Eaton's, worked as director and as a files clerk, and searched for talent. One year after its establishment, the nation Ballet of Canada put on its first show. For this show, ballet dancers from across Canada and across the world came together on the stage.

To ensure that she had access to the best dancers she could, Celia Franca teamed up with Betty Oliphant, a Canadian ballet dancer, to found the National Ballet School. Training for ballet is no simple feat; dancers will suffer more injuries than hockey and football players, train harder than most professional athletes, and practice very disciplined personal and profession lifestyles. Dancers in training including Karen Kain, retired dancer and the current Artist Director of the National Ballet of Canada, were known to hide in bathrooms and empty rooms to escape Celia's rigorous training.

Celia retired in 1974. She believed that her endurance and powers is what lead the National Ballet of Canada to its success. The National Ballet of Canada is still a fully functioning foundation. The 2012/2013 season has nine featured shows, including *Alice's Adventures in Wonderland* and the classic *Nutcracker*.



CLARA HUGHES

Clara Hughes was born in Winnipeg, Manitoba on Sept 27, 1972. Though she was always an active child, she fell in love with speed skating when she was 16 years old. A year later, she found cycling. At the time, she never would have thought that she would become an Olympic athlete, let alone the most successful athlete in Canadian history.

In Clara Hughes' first Olympic Games, she competed as a cyclist. In 1996, she won two bronze medals in cycling.

In 2000, she returned to speed skating for the first time in nearly ten years. To everyone's surprise, she competed in the